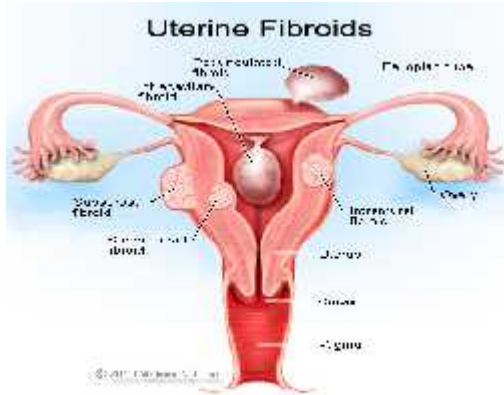


## WHAT IS UTERINE FIBROIDS?



Uterine fibroids, also known as uterine leiomyomas or fibroids, are benign smooth muscle tumors of the uterus. Most women have no symptoms while others may have painful or heavy periods. If large enough, they may push on the bladder causing a frequent need to urinate. They may also cause pain during sex or lower back pain. A woman can have one uterine fibroid or many. Occasionally, fibroids may make it difficult to become pregnant, although this is uncommon.

## TYPES OF FIBROIDS

- Intramural fibroids, the most common, grow in the wall of the uterus.
- Subserosal fibroids grow on the outside of the uterus. ...
- Submucosal fibroids grow just underneath the uterine lining and can crowd into the uterus cavity and lead to heavy bleeding and other more serious complications.

## CAUSES OF UTERINE FIBROIDS

Fibroids are abnormal growths that develop in or on a woman's uterus. Sometimes these tumors become quite large and cause severe abdominal pain and heavy periods. In other cases, they cause no signs or symptoms at all. The growths are typically benign, or noncancerous.

## IN WOMEN THE MOST COMMON SYMPTOMS OF UTERINE FIBROIDS INCLUDE:

- Heavy menstrual bleeding.
- Menstrual periods lasting more than a week.
- Pelvic pressure or pain.
- Frequent urination.
- Difficulty emptying the bladder.
- Constipation.
- Backache or leg pains.

## NEUROTHERAPY TREATMENT

Treatment	(8)	Pan
	(6)	Wd
	(8)	Th + Ch